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Everyday Food: Great Food Fast



Synopsis

No matter how busy you are, at the end of the day you want fresh, flavorful meals that are easy to prepare. And you want lots of choices and variations—recipes that call for your favorite foods and take advantage of excellent (and readily available) ingredients. In the first book from the award-winning magazine *Everyday Food*, you'll find all of that: 250 simple recipes for delicious meals that are quick enough to make any day of the week. Because a change in weather affects how we cook as much as what we cook, the recipes in *Everyday Food* are arranged by season. For spring, you'll find speedy preparations for main-course salads, chicken, and poached salmon that minimize time spent at the stove; summer features quick techniques for grilling the very best burgers and kabobs as well as no-cook pasta sauces; for fall, there are braised meats and hearty main-course soups; and winter provides new takes on rich one-dish meals, roasts and stews, and hearty baked pastas. Finally, a chapter on basics explains how to make year-round staples such as foolproof roast chicken, risotto, couscous, and chocolate sauce. Designed in a contemporary and easy-to-read format, *Everyday Food* boasts lush, full-color photography and plenty of suggestions for substitutions and variations. With *Everyday Food*, even the busiest on-the-go cook can look forward to meals that bring freshness, nutrition, and a range of flavors to dinner all week long.

Book Information

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Customer Reviews

I know most women will think, do I really need another cookbook? Well, with this charming edition I would have to say that it's really a pleasure and a worthy investment. I subscribed to the little

fabulous food magazine "Everyday Food" so I felt that I knew most of the recipes, but I was pleasantly surprised with a wonderful melange of useful new dishes I haven't seen before but which were still pretty simple. The real beauty of this book is the easy font, nice photos of each dish - makes picking out what's for dinner that much easier - and the ease of preparation not to mention the simple list of ingredients and finally recipes that work. Everything that I tried from this book was almost picked on a whim, and it turned out beautifully, I felt like a culinary genius as my friends and family thoroughly enjoyed the dishes I made with this book's help. I have collected cookbooks since I was a little girl and some I have because they are fancy and beautiful and I might cook from them one day, but this one is in constant use as I borrow this and that from each page and mix my own meal. Cooking at home is never daunting when books such as this one give so many simple ideas to turn into a hot supper any day of the week. Separated by season the recipes are easy to find, if I'm in the mood for hearty and spicy I pick winter or fall, refreshing and bubbly recipes are from the spring and summer menu. I have been a proud owner of this book for a few months now and I only review cookbooks that I have actually made food from.

Truth be told, I really don't care much for the PBS series upon which this Martha Stewart Living cookbook is based, as a cast of robotic, interchangeable hosts push through a battery of recipes in a shared kitchen set-up. However, this 250-recipe cookbook focuses specifically on the often appetizing dishes they produce and the comparatively easy-to-follow recipes necessary to create them. As a result, it's a winner. Though not as definitive as The America's Test Kitchen Family Cookbook, this one is fast becoming the one I use the most for fast dishes with a healthy orientation along with Ellie Krieger's The Food You Crave: Luscious Recipes for a Healthy Life. The first thing you notice is the first-class graphic quality commensurate with Martha Stewart's premium brand. Each recipe has a full-color photo of the meticulously presented dish and the general prep time which is rarely more than thirty minutes. But unlike Rachael Ray's belligerent mantra, it's only the prep time which follows that parameter as total cooking for some of the recipes can take well over an hour. The benefit is a more interesting variety of dishes than Ray could possibly make.

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